



# TOWN COMMON

**TOWN OF BARRINGTON QUARTERLY NEWSLETTER**

**April 2015—June 2015**

## **TOWN SERVICES & PHONE NUMBERS**

Town Administrator:	664-9007
Emergency #'s:	911
Recreation Department:	664-5224
Police Department:	664-7679
Fire Department:	664-2241
School District:	664-2715
Public Works:	664-0166
Transfer Station:	664-2446
Land Use:	664-5798
Building Department:	664-5183
Selectmen's Office:	664-9007
Tax Office:	664-2230
Town Clerk:	664-5476
Library:	664-9715
Town Planner:	664-0195

### **SELECTMAN'S OFFICE**

Monday—Thursday: 8:00 AM—4:30 PM

### **TOWN CLERK'S OFFICE**

Mon/Tues/Thurs: 8:00 AM—5:00 PM  
Wednesday: 1:00 PM—6:00 PM

### **TAX COLLECTOR'S OFFICE**

Mon/Tues/Thurs: 9:00 AM—1:00 PM  
Wednesday: Noon—6:00 PM

### **BUILDING/CODE ENFORCEMENT**

Mon/Tues/Thurs: 9:00 AM—4:00 PM  
Wednesday: 9:00 AM—NOON

### **LAND USE OFFICE**

Monday- Thursday: 8:00 AM—3:00 PM

### **RECREATION DEPARTMENT**

Monday- Friday: 8:00 AM—4:00 PM

### **LIBRARY**

Mon/Fri: 10:00 AM—6:00 PM  
Tues/Thurs: 10:00 AM—7:00 PM  
Wednesday: 10:00 AM—8:00 PM  
Saturday: 10:00 AM—3:00 PM

### **HIGHWAY DEPARTMENT**

Monday—Friday: 7:00 A. M. - 3:00 P.M.



## **PUBLIC MEETING INFORMATION**

Selectmen's Meetings  
Contact Suzanne McNeil,  
Selectmen's Clerk, 664-0148

Planning Board  
Tuesdays, 6:30 p.m., BES Annex

Conservation Commission  
1st & 3rd Thursday, 7:00 p.m., BES Annex

Zoning Board  
3rd Wednesday, 7:00 p.m., BES Annex

Library Trustees  
3rd Tuesday, 6:00 p.m., Public Library

Recreation Commission  
3rd+ Monday, 6:00 p.m., Town Gym

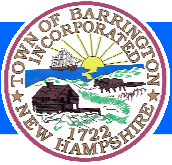
Heritage Commission  
Meets as needed. Contact Marika, 664-5195

Fire Department  
Tuesdays, 7:00 p.m., Public Safety Building

EMS Department  
2nd Wednesday, 6:30 p.m., Public Safety Building

**WEATHER CANCELLATIONS:** Every effort will be made to hold a Public Hearing on the posted day and time. However, in the event of inclement weather, power outage or other adverse condition, the Town may choose to cancel a meeting or event.

This information will be conveyed to the local newspaper, WOKQ radio, Channel 9 news, Town website and Town telephones & on the Town Library Website. Please note that not all the media/communication sources as listed above may be available during emergency or adverse conditions.

**TOWN***Provided by***Town Administrator John Scruton**

The voters have again spoken for the Town of Barrington for 2015. The request for a bond to build a new town hall obtained a majority of those voting this year, but failed to pass because it needed a 60% vote margin. The reason the law requires a supermajority is that this vote would have been binding on future years to repay the bond. The interest rate was projected to be around 2.5%.

The challenge the Board of Selectmen continue to face is what to do about a permanent location for the town offices and records. This will entail continued review. The town has spent about \$200,000 studying this problem. The Town has spent an additional \$200,000

for rent with nothing permanent to show for it. The public is invited to review the data that has been collected and participate with the Board as it continues to wrestle with the problem. Perhaps 2016 will be the year the town reaches a conclusion that stops this hemorrhage of money with nothing permanent to show for it.

On a more positive note the voters approved all the other articles that came recommended by either the Planning Board or the Board of Selectmen. As a result the town will be able to continue to provide a quality level of services. The Board plans to do a record amount of road repair in keeping with the long term road maintenance plan. There is no danger of the town running out of money for snow maintenance this year since an article passed providing for additional snow removal funds both in the operating budget and in a fund to which the Board has access in case of emergencies. The town continues to save money for future capital expenditures like bridges, fire equipment, library technology, cemetery expansion, and highway equipment, dedicating over \$300,000 for these purposes.

The Board welcomes a new Selectman to the Board with the election of Casey O'Brien. We thank outgoing Selectman Dennis Malloy for his years of service to the town and wish him well.

Finally we again thank the Highway Department employees for their hard work this winter keeping the roads passable. Hopefully frost heaves will be small and mud season short as spring returns.



## Town Clerk's Office

### The Town Clerk's Office Will Be Closed:

Monday, May 25th—Labor Day

#### THE TOWN CLERK'S OFFICE

Continues to accept Online Payments for Vital Records,  
Renewals of Dog Licensing, and Vehicle Registrations



##### **Online Registration**

Go to <http://barrington.nh.gov> : then click on departments and click on TOWN CLERK. Scroll down and then click on the online payments icon.



##### **Dog Licensing**

You will need to have the previous year's license number (which was processed in Barrington) and the rabies information needs to be current in the system before you can renew your dog license.



##### **Vehicle Registration Renewal Requests**

You can request your vehicle renewal via E-Reg up to 3 months late and 20 days early for any vehicle you own. Payment by e-check is accepted where your Town Clerks office prints the check on your behalf. This service is low cost to your municipality and pay as you go for those who choose to use it. *Only accept one check.* Make payable to Town Clerk Barrington.



##### **Vital Record Requests**

Birth Certificates for births occurring outside Barrington, NH are only available for the years **1983** through the present.

Certificates for Marriages occurring outside Barrington, NH are only available for the years **1989** through the present.

Death Certificates for deaths occurring outside Barrington, NH are only available for the years **1990** through the present.

Certificates for Divorces occurring outside Barrington, NH are only available for the years **1990** through to 6 months prior to present day.



## Town Clerk's Office

### Important Dates to Remember

**Friday, April 30 – LAST** day to license your dog, if you fail to license your dog(s) by May 31, 2015 a \$30.00 (per dog) fine will be issued by the Barrington Police Dept., in addition to: a \$1.00 per dog, per month late fee and licensing fees

### Starting January 5, 2015

Residents will be able to license their dog(s) with proof of:

-current rabies vaccination certificate

-spaying/neutering certificate

**\$7.50** Spayed, neutered and dogs under 7 months old

**\$10.00** Dogs that are not spayed or neutered and older than 7 months

**\$3.00** Residents who are 65 years old by January 1, 2015 may register one dog at the rate of \$3.00



Residents may mail copies of certificates along with a check made out to:

**Barrington Town Clerk**

**PO BOX 660**

**Barrington, NH 03825**

Effective Jan. 1, 2015, a title will be required for any vehicle with a Model year of 2000 or newer

### Motor Vehicle Registrations

**We now ACCEPT ONLY ONE CHECK**

when processing Motor Vehicle Registrations

Please make check payable to:

**Town Clerk Barrington**





## Tax Collector's Office

<b>February 9</b>	Notice of Arrearage was mailed out.
<b>April 8</b>	Tax Office closed - Spring Workshop
<b>May 11</b>	Notice of Impending Lien (for unpaid 2014 taxes).
<b>May 25</b>	Tax Office closed in observance of Memorial Day
<b>May 28</b>	July first issue real estate tax bill mailed out
<b>June 15</b>	Execution of Lien - Payment will be accepted up until 1:00pm
<b>July 1</b>	July real estate tax bill due
<b>Aug 10-14</b>	Tax Office will be closed - Certification Training for the Tax Collector & Deputy Tax Collector

If you have not received your tax bill please contact the Tax Office.  
Please advise the Tax Office of any changes in your mailing address.

### **PLEASE NOTE:**

**When mailing your payments, please remember that we are no longer using the Lockbox in Lewiston, ME. Please resume mailing payments to  
PO Box 660, Barrington, NH 03825**

*\*Please include Map & Lot number and phone number on your check.*

**For any real estate questions, please contact or visit the Tax Office.**

### **The Tax Office hours**

*Mon., Tue., and Thur. - 8:00am-1:00pm  
Wed. - 12 noon-6:00pm  
Fri. - Closed*

### **The Lobby hours**

*Mon., Tue., Thur. - 7:30am-5:00pm  
Wed. - 7:30am - 6:00pm  
Fri. - Closed*

We realize these hours may not be the most convenient for your schedule. There is a drop box located in the lobby.  
We will process your payment and mail you a paid statement the following business day. Please include your phone number on your check in case we have any questions.



## Department of Public Works—Highway Dept.

*New to Town, not sure how things work, or have a question on the proper disposal of an item? Please see the Transfer Station Attendant or call 664-0166.*



Hard to believe that spring is just around the corner with all this snow on the ground. This winter has proven to test all of our patience, giving us snow, ice, and frigid temperatures. The Highway Department would like to take a minute and thank the residents of Barrington for doing their part and abiding to the year-round parking ordinance and snow ordinance. Winter can be a difficult time for all of us, and we thank you for your patience and cooperation.

**Ordinances can be found here on the Towns website:**

[http://barrington.nh.gov/Pages/BarringtonNH\\_Highway/Snow%20and%20Ice%20Ordinance.pdf](http://barrington.nh.gov/Pages/BarringtonNH_Highway/Snow%20and%20Ice%20Ordinance.pdf)

[http://barrington.nh.gov/Pages/BarringtonNH\\_Highway/snowicepolicy.pdf](http://barrington.nh.gov/Pages/BarringtonNH_Highway/snowicepolicy.pdf)



**Roads closed to thru traffic notifications and up-to-date road conditions will be posted on our website and on our Facebook page.**

**Please slow down!** Frost heave and pothole season is among us. Don't hesitate to report any road damage to: [http://barrington.nh.gov/Pages/BarringtonNH\\_Highway/request](http://barrington.nh.gov/Pages/BarringtonNH_Highway/request) or you can call the Highway Department office at 664-0166.

As always when you see the Highway Department crews out in Town, please show them respect by being patient, slowing down and giving them plenty of room. Sometimes their views and hearing can be impaired by the equipment they are using. Thank you!

### **Mud Season-New England's Fifth Season**

It's hard to think about warmer weather but spring is right around the corner and with spring comes mud season!

Mud season occurs only in places where the ground freezes deeply in winter, is covered by snow, and thaws in spring.

Dirt roads and paths become muddy because the deeply frozen ground thaws from the surface down as the air temperature warms above [freezing](#). The snow melts but the frozen lower layers of ground prevent water from [percolating](#) into the [soil](#) so the surface layers of soil become saturated with water and turn to mud.





## Department of Public Works—Transfer Station

### Transfer Station and Recycling Center

Winter hours are in effect for the  
Transfer Station and Recycling Center.

Tuesdays: 1:00pm -5:00pm

Saturdays: 8:00am-5:00pm

**You can purchase Barrington Trash Bags  
at the Recycling Center Building.**

**A package of Large Bags is \$13.00  
and a package of Small Bags is \$9.00.**

*Purchase them at: Calef's Country Store,  
George Calef's Fine Foods, Warren's  
Hardware, Aubuchon Hardware in Lee,  
and Market Basket.*

As many of you have noticed, the Transfer Station is now using two single stream compactors. You may have also encountered a wait time. This is part of the process. With so many more residents recycling, the hopper can only fit a certain amount of material, and then it needs to be cycled through. We appreciate your patience with this.

We would also like to remind everyone that even though we have extended the number of plastic that can be recycled here in Barrington, **NOT** everything is recyclable. Please make sure that the items that you are recycling are the correct items. This information is located on our website: [http://www.barrington.nh.gov/Pages/BarringtonNH\\_Transfer/singlestream.pdf](http://www.barrington.nh.gov/Pages/BarringtonNH_Transfer/singlestream.pdf)

Or copies are available at the Transfer Station.

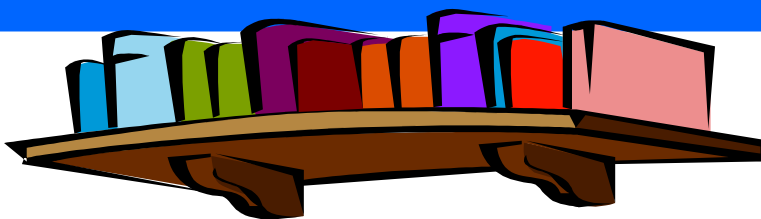
### New to Town?

- We are a pay as you throw facility, Trash should be in Green Town of Barrington Trash bags. Package of large 33 gallon bags 10 count - \$13.00. Package of small 15 gallon bags 10 count-\$9.00
- Bulk items and Electronic items have a fee to dispose of them, please see the Transfer Station Attendant for pricing. The price list is also located on our website.
- We are a Single Stream recycling facility- all recyclable material can go in one container! Check out the recycling chart on our website.
- Make sure you get your Barrington Transfer Station Permit Sticker, you will need to show a valid I.D. or current bill with you Barrington address on it.
- Cash or Check are the only method of payment that is accepted at the Transfer Station
- Plastic bags are not recycled at the Transfer Station, please re-use them or bring them back to your local grocery store to be recycled.

**Please call 664-0166 if you have any questions**



# News from the Library



## GROUPS THAT MEET AT THE LIBRARY

Check our online calendar for dates and times at

<http://www.barringtonlibrary.com>

Genealogy Club	Waterways Committee
Knitters Group	Ready Rides
Barrington Bloomers	Envision Barrington Sub-Committees
Democratic Committee	Boy Scouts Executive Board
Friends of the Library (2 <sup>nd</sup> Wed. at 7PM)	

Do you need meeting space? Call Amy at 664-0193 to discuss possible dates/times. A meeting room use agreement can be printed from our website above.



## **LAP-SIT STORY TIMES and PRESCHOOL STORY TIME**

**LAP-SIT STORY TIMES** are for 1-3 year-olds with an adult present. Children will enjoy stories, rhymes, songs, flannel boards and musical instruments. Lap-Sits will be on Mondays, Tuesdays, Wednesdays, and Fridays at 10:30am – pick which day works best for you and sign up to save a spot!

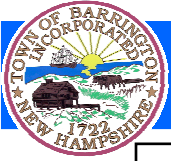
**PRESCHOOL STORY TIME** is for 4-6 year olds. Children will enjoy and independent story time with a related craft. Preschool Story Time will be on Thursdays at 11am. Registration is required—reserve your spot for this session.

**Registration is required due to limited space. The SPRING SESSION runs the week of March 23rd—May 18th. Signups begin March 16th for the Spring Story Time Sessions.**

**To Register: Look to the left of description in our online calendar for the day of the week you are hoping to join. Click the REGISTER NOW button and follow instructions. You will have the**

*option to create your own account - the benefit of doing this (instead of registering as a guest) is that you will have all your information pre-typed for future events, you can cancel your attendance easily, you will get an e-mail confirmation and you can confirm the names of each family member*

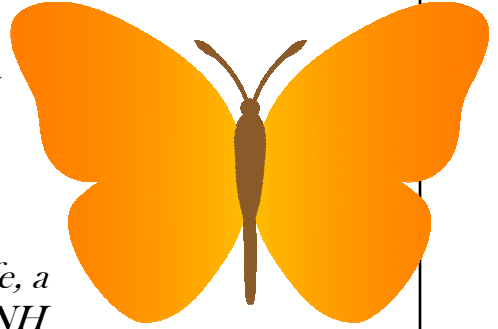
*registered. Please register each name separately if multiple family members would like to attend a program.*



## **BARRINGTON BLOOMERS**

### **Meetings & Special Speakers**

**April 15th at 6:30PM—Birds, Bats & Butterflies: Keeping Common Wildlife Common in New Hampshire** Have you ever seen a bear in your backyard? A mysterious hawk flying over your bird feeder? A giant woodpecker that looks like he just stepped out of a cartoon? Come learn about these and the rest of the "Backyard Dozen," a group of wildlife commonly found in New Hampshire. You'll learn how to recognize evidence of these species in your backyard and understand how they use different habitats. You'll also get ideas on how you can help wildlife survive and flourish in your neighborhood.



*This program is brought to you by Speaking for Wildlife, a volunteer project of UNH Cooperative Extension, the NH Coverts Project, and NH Fish & Game, with funding support from the NH Charitable Foundation and the Davis Environmental Foundation.*

**June 11<sup>th</sup> 4PM: Meditative Drawing Class:** Welcome to Meditative Drawing! I will teach you a variety of whimsical lines and curves that will connect with balance and harmony. In the process, it truly relaxes and quiets you. No two drawings will be the same, you will be inspired and have fun! You do not need an art background for this class! I would recommend "One Zentangle a Day: a 6-Week Course" by Beckah Krahula for anyone interested in this class.

***Instructor: Pat Keravich***

What is Meditative Art: A way to practice focus and meditation through drawing, by using repetitive lines, marks, circles, and shapes. Each mark is called a "tangle," and you combine various tangles into patterns to create "tiles" or small square drawings.

**An art exhibit of Pat's work will also be held at the library in May. Come to view these lovely paintings and get inspired to take the class!**



Check for additional events and descriptions that will be added to our library calendar at [www.barringtonlibrary.com](http://www.barringtonlibrary.com)





**LEGOMOTION** Program will be held after school @ BMS!

**On Tuesdays: April 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup> and run from 2:10-2:40pm.**

Students in grades 5-8 need to sign up through our library's on-line calendar - space is limited. Students will be using LEGO®s and basic coding techniques to design and build simple machines. Projects we will work on: - Control a computer maze with LEGO®s· Make a Walking Robot· Create a Wind Turbine and More...

### **ADULT CRAFT SESSIONS**

Monthly projects for adults! Have you ever seen some of the fun crafts we do with teens and children, and wonder why we've never done this with adults? Well, now we do! *(If you have a teenager you'd like to bring along to share the experience, they are welcome!)*

**April 16<sup>th</sup> at 4pm -**

Photos under glass pendants

Check out our website's calendar of events for more!

### **MOVIE DAYS AT THE LIBRARY**

For Barrington Residents. Limited popcorn and candy is provided, and you can bring a drink if it has a screw-on cap.

***Future Family Movie Days will be:***

**April 11<sup>th</sup> at Noon, Night at the Museum: Secret of the Tomb**

**April 25<sup>th</sup> at Noon, The Penguins of Madagascar**

**May 9<sup>th</sup> at Noon, Paddington**

**SUMMER READING PROGRAM KICK-OFF** will be on Friday, June 26<sup>th</sup> at 6pm in the field next to the library (rain location is the town gym). Join us for a family picnic time (bring your own) at 6pm, followed by a performance everyone will enjoy as we kick off our summer of "Every Hero Has a Story"! All ages will be able to pick up their Summer Reading Booklet and sign up for special programs. Join us for this fun community event.

### **AMAZON SMILE**

When you shop at AmazonSmile, Amazon donates 0.5% of the purchase price to The Friends Of The Barrington Public Library. Bookmark the link <http://smile.amazon.com/ch/02-0490675> and support the library every time you shop. The Friends have already gotten a check for \$28.46 from this service just from 3 months of people shopping. It is an easy way to make your shopping help the community. Imagine how much they could earn if LOTS of folks used this link.



## READING BUDDIES AT THE LIBRARY!

Our **Teen Advisory Board (TAG)** members would like to be a reading buddy to your young child! They will be available on the second Wednesday of each month from 3:30-5:00pm, to schedule 20 minutes with your 4-7 year old. Our TAG members meet monthly to volunteer at the library, help plan children's and Teen events, and offer this Reading Buddies Program! **Due to the short time increments we are unable to use online registration. Please call the library 664-9715 or e-mail [children@barringtonlibrary.com](mailto:children@barringtonlibrary.com) to set up a time on February 11<sup>th</sup>!**

*What is the difference between a Reading Buddy and tutor? Reading buddies just read!! They aren't trained to be tutors, but just love books and want to share them with younger children. They might read aloud to your child, echo read with them (taking turns) or 'popcorn read' with them (Reading Buddy does most of the reading, pausing occasionally to let the little buddy read a few words).*

### **Babysitting Course at the Library, May 16<sup>th</sup> 10-3PM**

**Contact** McGregor EMS <http://www.cprsafes.org/>

This course is designed to certify kids who are looking to, or already babysit. They will get a CPR and First Aid certification, learn about safety, how to handle emergencies, care and feeding of infants and children, the business aspects of being a babysitter, and more. All students will receive a Babysitting certification. **Students should bring a bagged lunch.**

**For ages 11 and up. Fee of \$35.00 provides certification.**

**Sign Up Here:** <http://www.cprsafes.org/#!/babysitting-certification-class/cd8g>

### **A MONTH of DIY WORKSHOPS for Middle and High School Students!**

**@ 3:00pm every Friday in April (the 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup> and 24<sup>th</sup>).** You need to register online to secure your spot for this 4-week program! *BMS Students: if you would like to be dropped off at the library after school on the bus that comes by here, you will need to have your parents send in a permission slip to the school office for this event and they can give you a bus pass.*

**April 3<sup>rd</sup> - Learn how to make: Paper Tube Phone Speakers**

**April 10<sup>th</sup> - Learn how to make Wrapped Bangle Bracelets**

**April 17<sup>th</sup> - Learn how to make Peppermint or Citrus Sugar Scrub**

**April 24<sup>th</sup> - Learn how to make a Paperclip Necklace**



## TEEN GAMING TOURNAMENT

**Friday, May 15th at 4pm**

Kids 10-14 yrs old, who are Barrington residents or card holders, are invited to attend. They will go head-to-head in an ultimate gaming challenge! Finalists will receive prizes with the champion's grand prize being a Gift Card to Game Stop! Two Wii systems will be set up on our large screen TVs and refreshments will be provided. **LIMITED SPACE** - Register online (begins in April) on our calendar to secure your spot in this exciting event at the library! If you are unable to register online please call the library so a staff member can do it for you. **BMS Students** - *if you would like to be dropped off at the library after school on the bus that comes by here, you will need to have your parents send in a permission slip to the school office for this event and they can give you a bus pass.*



Teens in grades 7 & Up are invited to join our Teen Advisory Group (TAG) which meets on the 2<sup>nd</sup> Wednesday of each month at 3:30pm until 5:00pm. The TAG group volunteers at the library by organizing, cleaning, shelving, and planning. If you'd like to help around the library, help plan programs such as the Easter Egg Hunt and Book Buying trips, and be a resource for Young Adult material reviews and recommendations contact Wendy at [children@barringtonlibrary.com](mailto:children@barringtonlibrary.com).

## BOOK GROUPS

### **The ADULT BOOK GROUP**

meets on the fourth Thursday of every month at 6:30pm. New members always welcomed! Copies of the books are available one month prior to the discussion via inter-library loan so you do NOT need to purchase the books. A fun group that likes to socialize and discuss literature! Upcoming titles include: One Good Turn by Atkinson, Wife 22 by Melanie Gideon & Mercy Snow by Tiffany Baker.

### **The TEEN BOOK GROUP**

meets on the first Monday of every month at 3:30pm. Teens in 9<sup>th</sup> grade & Up are invited to join! Books are chosen by members and are provided one month prior to discussion.



**FRIENDS OF THE LIBRARY PLANT SALE** -This annual event will be held on Saturday, June 6<sup>th</sup> from 8AM-Noon in the Town Gym. Plant donations will be accepted the day before outside the gym doors in the afternoon hours. This is the Friends' largest yearly fundraiser for the library. With a good variety and volume of plants offered at our traditional low prices and some good promotion of the sale, we should be able to exceed our goal of \$2,000. Here's what you can do to help!

**PLANTS:**

1. Divide your perennials this spring, at least 10 days in advance of the sale if possible, so they can adjust to the pots and look nice at the sale.
2. If you're planting some herbs or veggies from seed, consider sharing some of the seedlings at the sale. Or if you bought some veggies at a garden center and have more than you really need, repot the extras and bring them to the sale. (Who needs a half dozen eggplants, anyway? Not me!) Veggies and herbs sell well, especially if well along in their growth.
3. If you are willing to share plants, but don't have the time or energy to dig them yourself, contact [Lydia](mailto:Lydia@barringtonlibrary.org) (335-3571) and she'll arrange for a few Friends to come by at a convenient time to dig them for you.
4. We welcome small shrubs, too, so if you're getting rid of items like spirea, roses, hydrangea, mountain laurel and forsythia, think of us.
5. Please label your pots with the identity of the plant and if it's a sun or shade plant. If you happen to know the color of the blossoms (like iris), share that information as well. That helps us tremendously when setting up the sale tables and answering shoppers' questions.
6. Please drop off plants on Friday June 5th starting at 2:00 at the Town Gym.

**PROMOTION:**

1. We are sending out reminder postcards to almost 300 past shoppers. If you get this card, keep it handy to remind you of the sale, or share it with a friend who's not on our mailing list.
2. Email your friends and family to let them know about the sale and encourage them to donate plants as well.
3. Tell everyone you see when and where the sale is and encourage them to come for the great plants and prices.
4. We need volunteers for set up and for the day of the sale. Please contact Lydia at 335-3571 if you can help.

**Kindergarten & ECLC Visits at the Library**

The children at the Barrington Kindergarten come to the library weekly to have story time and select books to check out. Every afternoon at 2PM one of the 5 classes is here so patrons should be aware that it might be a little "crazy" during that time frame. The library also serves the ECLC children on a monthly basis. The library sees this as way to insure that all children have access to great literature at a young age and are exposed to the many educational opportunities at the library for all ages.

**Buffalo & Tough Cookie: Hiking the 52**

*Meet This Author... (And He Will Bring His Hiking Partner If Possible!)*

**Location:** Library Meeting Room

**April 29<sup>th</sup> 6:30PM**

The Adventures of Buffalo and Tough Cookie is an exploration of one of New Hampshire's least known mountain lists, the 52 With a View. It's a hiking story unlike any other, as Dan takes on the task of turning a determined, urban elementary child into an experienced back-woods hiker, and in the process finds that sometimes the most important lessons are the one's that she teaches him.

Through snow, storms, slugs and long miles over the state's beautiful and challenging terrain, The Adventures of Buffalo and Tough Cookie is a journey and meditation on the trans-formative power of friendship, commitment and the meaning of family.

**New England Utopia:**

**Transcendental Communities**

**Location:** Library Meeting Room

**May 6<sup>th</sup>, 6PM**

**Description:** Exploring the legacy of the nineteenth century New England Transcendentalists, Pontine Theatre focuses on three influential Massachusetts communities: the circle of philosophers surrounding Ralph Waldo Emerson in Concord; Bronson Alcott's ill-fated utopian experiment at Fruitlands in Harvard; and the ambitious communal farm founded by George Ripley at Brook Farm in West Roxbury.



surrounding Ralph Waldo Emerson in Concord; Bronson Alcott's ill-fated utopian experiment at Fruitlands in Harvard; and the ambitious communal farm founded by George Ripley at Brook Farm in West Roxbury.

This performer is part of the "Humanities to Go" program through the New Hampshire Humanities Council. This program paid for by a grant from the NHHC.

<http://www.libraryeventregistration.com/registration1.aspx?eventID=12257>





### Introduction to Meditation - A Four -art Course

**Location:** Library Meeting Room

**Tuesdays, May 5th, 12th, 19th, 26<sup>th</sup> 6-7PM.** You are signing up for the 4-part series. If you can't make one class, that is OK but please try to schedule time to attend at least 3 of the 4 sessions. **Register Here:** [http://](http://www.libraryeventregistration.com/registration1.aspx?eventID=12257)

[www.libraryeventregistration.com/registration1.aspx?eventID=12257](http://www.libraryeventregistration.com/registration1.aspx?eventID=12257)

Learn to cultivate inner peace and mindfulness, as well as reduce stress through meditation. Each week we will explore a different type of meditation. We will begin class with a verbal introduction of the method and follow with gentle seated yoga movements to prepare to practice. Following the guided meditation, we will discuss hindrances or obstacles that may challenge your meditation practice. Participants will also have a chance to discuss their experiences and ask questions if they wish.

**The class is designed to be easily accessible, no experience is necessary. It will be geared for adults and older teens (14 and up).**

Please dress comfortably and in layers. Option items to bring- a yoga mat if you would like to sit on the floor (chairs and extra yoga mats available), a meditation cushion or small pillow for comfort, water bottle, and a journal.

Janine is an adult and children's yoga teacher from Barrington. She holds her 200 hour certification in Classical yoga as well as many children's yoga certificates. In the Classical yoga tradition, meditation is taught at the end of each class. Janine has found inner peace and daily mindfulness through her meditation and yoga practice and is excited to share her knowledge with the Barrington community.

Yoga 4 Health With Janine - <http://yoga4healthwithjanine.weebly.com/>



**Description: Cooking & Music Event:, May 20<sup>th</sup> 6:30-8PM**

**This event sponsored by the Friends of the Library**

**Location: Library Meeting Room**

**Registration Required:**

<http://www.libraryeventregistration.com/registration1.aspx?eventID=12478>

Marilynn Carter will discuss her first book, "No Fret Cooking," and share some recipes. Carter has been cooking since the age of 15 and works in the area as a holistic health practitioner. With her belief that the food we eat is another path for health, "No Fret Cooking" evolved with simple and healthy recipes for everyone, and no fret, with room for a cook's own creativity and personalization.



In a unique twist for a cookbook, Marilynn's husband, well-known jazz guitarist Steve Carter, has composed, arranged, and performed 22 songs on 2 CD's that are included with the cookbook. "Music to Cook By" and "Music to Dine By" are designed to accompany Marilynn's recipes and include such tunes as "Hold the Bacon", "The Great Asparagus Caper", "Blueberry Blues", and "Chakra Juice". Steve will also be on hand during this book signing at the library, performing some musical selections from the CD's.



Marilynn Carter's presentation will include a slide show featuring recipes, cooking tips, and tips on healthy eating and eating with the seasons. She will respond to questions during the presentation, and in a Q&A session at the end of the presentation. She will provide samples of foods prepared using recipes from the cookbook.

Together, the food and the music in "No Fret Cooking" are paired to make a culinary adventure designed to nurture, tantalize, and stimulate mind, spirit, and body as the recipes are prepared and enjoyed.

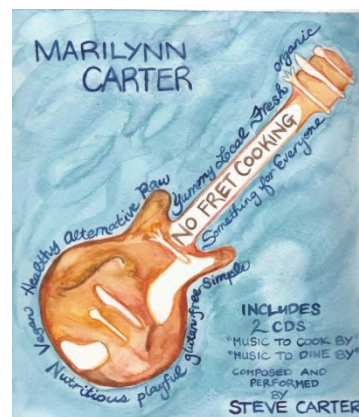
Signed copies of "No Fret Cooking" will be available for purchase at the program.

**Marilynn Carter**

Marilynn has been cooking and working in the medical field since the age of 15. For the past 10 years I have been a holistic health practitioner as well as a health and environmental awareness guide at, *Many Paths for Health*. With a belief that the Food we eat is another path for health, *No Fret Cooking* evolved. Marilynn lives in Dover, New Hampshire with her husband and together they have two daughters and one grandchild.

**Steve Carter**

Steve Carter, who taught guitar for 25 years at Berklee College of Music, composed, arranged, and performed all the songs on the two CDs that accompany *No Fret Cooking*. Learn more about Steve and his music at [www.frogstoryrecords.com](http://www.frogstoryrecords.com).





## Barrington Recreation Department



### AARP SMART DRIVERS COURSE

- Refresh your driving skills and know the new rules of the road
- Learn the research-based driving strategies to help you stay safe behind the wheel
- There are no tests to pass - sign up today!

**When:** May 8, 2015

**Time:** 9:00am - 4:00pm

**Where:** Barrington Recreation Department  
105 Ramsdell Lane  
Barrington, NH 03825

**Cost:** \$15 for AARP members  
\$20 for non-members

*15 participant minimum for the class to run*

Sign up online, give us a call, or stop by the Barrington Recreation Department!



### SUMMER CAMP REGISTRATION

Summer Camp registration has begun! Send your kids to the REC

Summer camp for weeks of fun with their friends, exciting field trips, crafts, games, and more! Packets can be picked up at the REC office and more information can be found online!



### YOUTH FISHING DERBY

- Prizes will be awarded
- The Derby is open to **Barrington residents ONLY**
- Children under 13 must be accompanied & supervised by a Parent/guardian (**at least 1 per household to make this a great family experience**)
- You must have your own equipment & worm bait
- Parents are **not** allowed to fish
- No license is required to assist your child with his/her line.
- There is a 5 fish catch limit
- Plastic Bags will be provided to carry your catch
- There will be Goodie Bags for all participants!

**When:** Saturday, May 9, 2015

**Where:** Christmas Dove Pond, 11 Christmas Lane (between Route 125 and Mallego Road)

**Ages/Time:**  
*9 years old and under:*  
7:30-10:00 a.m.  
*10-15 years old:* 10:30 a.m.-1:00 p.m.

**Cost:** FREE, Barrington Residents only



### **GRANITE STATE TRACK & FIELD**

The mission of the Granite State Youth Track and Field Youth Program is to provide a quality recreation and school program where children have fun and are introduced to physical fitness through basic track and field events such as running, jumping, and throwing.

**Who:** Ages 9-14, \$15 per participant

**When:** 5/27/15 - 7/17/15

**Time:** Wednesdays - 4:30-5:30 p.m.

Saturdays - 9:30-11:00 a.m.

**Where:** TBD (Town Gym if inclement weather except on 6/6)



### **CO-ED FLY FISHING**

This one-day co-ed adult fly fishing class will give you the basic information and skills you need to enter the challenging sport of flyfishing, both freshwater and saltwater. This class is part of the New Hampshire Department of Fish and Game Aquatic Education's Let's Go Fishing program. The class is taught by certified Fish and Game instructors.

While rods, vises, etc. are provided, bring your own or borrowed additional equipment. Hats and sunglasses are recommended for the casting portion. Bring a bag lunch!

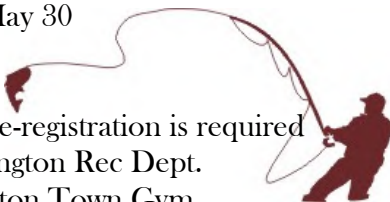
**Date:** Saturday, May 30

**Time:** 9am-4pm

**Ages:** Adults, 18+

**Cost:** Free, but pre-registration is required through the Barrington Rec Dept.

**Location:** Barrington Town Gym



### **SUMMER SOCCER**

REC soccer The Barrington Youth Summer Soccer Program is designed to provide Barrington's youth with the opportunity to play soccer, learn game fundamentals along with basic and advanced skills, and experience teamwork and sportsmanship while enjoying the sport in an exciting and recreational environment.

**Location:** BES

4-5 years: Mondays, 6-7 pm

1st & 2nd: Tues, 6-7:30

3rd & 4th: Wed, 6-7:30

5th-8th: Thurs, 6-7:30

**Program Fee:**

**Includes t-shirt, soccer ball & pizza celebration**

\$35 if registered by April 17

(\$85 max per family)

\$45 if registered after April 17

(\$95 max per family)

\$55 if registered after May 30

(\$105 max per family)

\*If a non-resident, add \$15.00 to the program fee per participant



### **PRE-SCHOOL PROM**

**Boys and Girls!**

Dress up as your favorite superhero and get ready for superhero theme music, dancing, a picture booth, food, and lots of fun!

**Ages:** This is an event exclusively for *Pre-Schoolers ONLY* and their parents

**Cost:** FREE! Pre-Register to let us know you are coming!

**When:** May 30th, 5:00p.m. - 7:00p.m.





## Barrington Recreation Department



### RUNNING CLUB

A new program for runners of all levels! This running club provides a supportive running community that you can rely on and will help improve your running at your pace to reach your goals. We will have running programs available, such as Couch to 5K, and other fun incentives to keep you going and having fun!



**When:** Tuesdays & Thursdays, last day will be June 18th

**Time:** 9:00am - 10:15am

**Where:** Town Gym

**Cost:** FREE! *Childcare will be available*

### ADULT DROP-IN SPORTS

#### MEN'S AND WOMEN'S PICKUP BASKETBALL

A non-competitive drop-in program for men and women. It's a great way to meet new people while getting your workout. This is a more aggressive playground version of pickup basketball.

**Who:** 25+

**Men's:** Sundays, 8-10am, year-round, Town Gym

Wednesdays, 8-10pm, Jan 7 - Feb 18, BMS Gym

**Women's:** Wednesdays, 7-9pm, March 25 - June 17,

Town Gym

**Cost:** FREE

#### ADULT CO-ED VOLLEYBALL

This is a recreational drop-in program that's not too competitive. Meet new people, get some exercise, and have fun while playing a team-oriented sport with no pressure.

**Who:** 18+

**When:** Thursday Nights, year-round, 8:00pm

**Where:** Town Gym

### YOGA

This class will be a mixed-style yoga class for all abilities and ages. The goal is to improve flexibility, quiet the mind, and learn to really breathe. The instructor is Yoga Alliance Registered and has been teaching for over 8 years.

Winter II: March 9—April 24

Spring I: May 4th—June 19th

#### AM Class

**When:** Tues & Thurs, 9:15-10:15 am

**Location:** Town Gym

**Cost:** \$35.00 per session or \$5.00 drop-in

**Flex Fit Punch Card:** 10 classes for \$35.00

#### PM Class

**When:** Mon & Wed, 6:30-7:30 pm

**Location:** BMS Music Room

**Cost:** \$35 per session or \$5.00 per drop-in

**Flex Fit Punch Card:** 10 classes for \$35.00

**Instructor:** Sheila Varden-Straffin

### YOGA II

This class will be taught at a faster pace than the basic yoga class. You do not have to be a master yogi! Just have solid knowledge of the basic poses. We will work at deepening or understanding of these poses and move on to more advanced variations.



The instructor is Yoga Alliance Registered and has been teaching for over 8 years.

Winter II: March 9—April 24

Spring I: May 4th—June 19th

**When:** Tues & Thurs, 5:30-6:30 pm

**Location:** BMS Music Room

**Cost:** \$35.00 per session or \$5.00 drop in

**Flex Fit Punch Card:** 10 classes for \$35.00





## Barrington Recreation Department



### **PILATES**

Pilates improve mental and physical well-being, increases flexibility, and strengthens muscles through controlled movements done as mat exercises to tone and strengthen the body.

**Winter II:** March 9–April 24

**Spring I:** May 4th–June 19th

#### **AM Class**

When: Wednesdays, 9:15-10:15 am

Location: Town Gym

Cost: \$17.50 per session or \$5.00 drop-in

#### **PM Class**

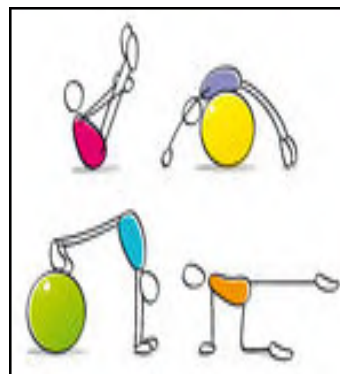
When: Tues & Thurs,

6:30-7:30 pm

Location: BMS Music Room

\$35/session or \$5.00/drop-in

Flex Fit Punch Card: 10 classes for \$35.00



**Interval Training** is a cardio-based total-body conditioning program. Fitness expert Shaun T drew on his collegiate track and field training, plus his subsequent years of experience as an elite trainer, to create a program that takes total-body conditioning to an extreme level.

**Location:** Town Gym

**Days/Time:** Mondays, 9:15-10:15 am

**Cost:** \$35 for 7-week session

\$30 for 6-week session

\$5 drop-in

*Free childcare is available. You must be present in the Town Gym and willing to be interrupted from your class if your child needs a diaper change.*

**Winter Session II, 7-week session**

March 9–April 20

**Spring Session I, 6-week session**

May 4–June 15

Memorial Day: no class, May 25

NO make-up day